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UTILITY PATENT APPLICATION TRANSMITTAL

(Only for new nonprovisional applications under 37 CFR 1.53(b))

Attorney Docket No.

HHN-015

Total Pages

First Named Inventor or Application Identifier

Stephen J. Brown

Express Mail Label No.

EE143637530US

APPLICATION ELEMENTS

See MPEP chapter 600 concerning utility patent application contents.

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(preferred arrangement set forth below)
 - Descriptive title of the Invention
 - Cross References to Related Applications
 - Statement Regarding Fed sponsored R & D
 - Reference to Microfiche Appendix
 - Background of the Invention
 - Brief Summary of the Invention
 - Brief Description of the Drawings (if filed)
 - Detailed Description
 - Claim(s)
 - Abstract of the Disclosure
 3. ☒ Drawing(s) (35 USC 113) [Total Sheets **3**]
 4. Oath or Declaration [Total Pages ☐ - a. ☐ Newly executed (original or copy)
 - b. ☐ Copy from a prior application (37 CFR 1.63(d))
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Signed statement attached deleting inventor(s) named in the prior application, see 37 CFR 1.63(d)(2) and 1.33(b).
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8. ☐ Assignment Papers (cover sheet & document(s))
9. ☐ 37 CFR 3.73(b) Statement (when there is an assignee) ☐ Power of Attorney
10. ☐ English Translation Document (if applicable)
11. ☐ Information Disclosure Statement (IDS)/PTO-1449 ☐ Copies of IDS Citations
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NAME	Steven A. Swernofsky		Reg. No. 33,040	
	The Law Offices of Steven A. Swernofsky			
ADDRESS	Post Office Box 390013			
CITY	Mountain View	STATE	CA	ZIP CODE 94039-0013
COUNTRY		TELEPHONE	650.947.0700	FAX 650.947.8438

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- Utility Patent Application Transmittal Form (SB/05); Application (Specification, 21 pgs.; Claims, 2 pgs.; Abstract, 2 pg.; Drawings, 3 pgs.); Certificate of Express Mail Mailing and return postcard

EE143637530US

1 This application is submitted in the name of the following inventor:

2	3 <u>Inventor</u>	4 <u>Citizenship</u>	5 <u>Residence City and State</u>
6	7 Brown, Stephen J.	8 United States	9 Woodside, California

10 The assignee is Health Hero Network, Inc., having an office at 2570 West
11 El Camino Real, Suite 111, Mountain View CA 94040.

12 Title of the Invention

13 Treatment Regimen Compliance and Efficacy With Feedback

14 Related Applications

15 Inventions described herein can be used in combination or conjunction with
16 inventions described in the following patent application(s):

- 17
- 18 o Application Serial No. _____, Express Mail Mailing No. EE143637591US,
19 filed November 30, 1998, in the name of Stephen J. Brown, titled "Leveraging In-
20 teraction with A Community of Individuals," assigned to the same assignee, attor-
21 ney docket number HHN-007, and all pending cases claiming priority thereof.

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1 tient compliance can be relatively reduced even further. When the treatment regimen is
2 relatively complex, some patients are even unable or unwilling to manage that treatment
3 regimen.

4
5 Known methods for monitoring and controlling treatment regimens are
6 relatively costly and limited in capability. Some known methods are described in the
7 following patents:

- 8
- 9 o U.S. Patent 5,408,443, "Programmable Medication Dispensing System," issued
10 April 18, 1995 in the name of Edward D. Weinberger.
 - 11
 - 12 o U.S. Patent 5,642,731, "Method of and Apparatus for Monitoring the Management
13 of Disease," issued July 1, 1997 in the name of Bruce A. Kehr.
 - 14
 - 15 o U.S. Patent 5,752,235, "Electronic Medication Monitoring and Dispensing
16 Method," issued May 12, 1998 in the name of Bruce A. Kehr, et al.
 - 17

18 While these known methods generally achieve the goal of monitoring and
19 controlling a treatment regimen, particularly a medication regimen, they suffer from sev-
20 eral drawbacks and limitations.

1 First, there is a need to provide a portable system to monitor and encourage
2 compliance, and facilitate data collection, so that patients are restricted as little as possi-
3 ble regarding their activities and movements.

4
5 Second, there is a need to determine if patients are actually complying with
6 treatment regimens at times when the patients are relatively remote to client devices for
7 the system. Known methods do not provide adequate feedback to determine whether pa-
8 tients are complying with the treatment regimen unless they remain relatively local to cli-
9 ent devices.

10
11 Third, there is a need to determine whether treatment regimens have the de-
12 sired and intended effects. Known methods do not provide adequate feedback to deter-
13 mine whether treatment regimens are effective, or whether patients are suffering any un-
14 toward side effects. Using known methods, medical personnel must generally wait for
15 patients to complain, or for medical tests to show, that prescribed treatment regimens are
16 inadequate or are producing side effects. Similarly, using known methods, patients un-
17 dertaking non-prescribed treatment regimens generally do not have effective or conven-
18 ient systems to monitor and record whether non-prescribed treatment regimens are pro-
19 ducing intended results

20
21 Fourth, there is a need to inform patients to follow treatment regimens, par-
22 ticularly when patients are forgetful or treatment regimens are complex. Although known

1 methods do include reminders to patients, it would be advantageous to tailor those re-
2 minders to patients' actual compliance history (thus, providing fewer reminders when they
3 are relatively less necessary and more reminders when they are relatively more neces-
4 sary).

5
6 Fifth, there is a need to leverage expert knowledge to improve response to
7 feedback from patients, and to reduce the time and expense required for medical person-
8 nel to individually monitor, evaluate and modify treatment regimens.

9
10 Sixth, there is a need to broaden application of reminder and expert knowl-
11 edge leveraging systems beyond medication regimens, to include physical, psychological,
12 self-improvement and other treatment regimens.

13
14 Accordingly, it would be advantageous to provide a portable device that can
15 be coupled and uncoupled to a communication system with feedback to monitor patient
16 compliance with, and effectiveness of, treatment regimens, so that input from patients re-
17 garding treatment regimens can be recorded, reviewed, analyzed and otherwise generally
18 acted upon. Medical personnel and/or patients can thus (1) monitor compliance with
19 treatment regimens, (2) monitor effectiveness or side effects of treatment regimens, (3)
20 remind patients no more than necessary, and (4) possibly alter treatment regimens in re-
21 sponse to feedback from patients. These advantages are achieved in embodiments of the
22 invention in which a portable device is intermittently coupled to a client device in a cli-

ent-server system, the patient enters information to the portable device about following the treatment regimen while the portable device is uncoupled, and medical personnel or the patient can receive that information and possibly alter the behavior of the portable device when the portable device is re-coupled to the system.

Summary of the Invention

The invention provides a method and system for interaction with a community of individuals, relating to compliance with and effectiveness of treatment regimens, including supply and use of pharmaceuticals, using a protocol or other intelligent message which acts in place of a service provider and which is capable of collecting or imparting information to patients in place thereof. Individuals interact with the protocol or intelligent message to provide assistance in all aspects of treatment regimen compliance, data collection, supply or delivery, review and modification. These aspects can include (1) reminders regarding compliance with a selected treatment regimen for medication, physical therapy, psychological therapy, self-improvement, or some combination thereof; (2) data collection of facts regarding patient compliance, symptomology, possible drug interactions or side effects of medication if required by the treatment regimen, and other facts relevant to evaluation and possible modification of the treatment regimen; (3) networked integration with workstations for medical professionals to automate approvals and modifications, and refills and delivery of medication if required by the treatment regimen.

1 A system includes a set of client devices and a server device. A service
2 provider determines a treatment regimen for selected patients, determines a protocol to be
3 followed by the client devices to assist the patient in complying with that treatment regi-
4 men [in assisting with that medication regimen] and to maximize effectiveness of treat-
5 ment, and sends that protocol to the server device. The server device can update (respon-
6 sive to the protocol) selected instructions at the client devices, and can receive (respon-
7 sive to selected instructions) information from the client devices regarding their associ-
8 ated patients.

9
10 In a first preferred embodiment, a client device, located locally to a patient,
11 couples to a portable device (such as a cellular telephone, pager, "Palm Pilot" or other
12 handheld computer, or watch), capable of being carried away by the patient to locations
13 relatively remote from the client device. The client device can interact with the portable
14 device: (1) to provide the portable device with the capability of reminding the patient re-
15 garding the treatment regimen, or (2) to provide the portable device with the capability of
16 further data collection regarding the patient. The client device can interact with the port-
17 able device using a docking connection, an infrared connection, a radio-frequency con-
18 nection, a plug-in connection, or another suitable connection.

Brief Description of the Drawings

Figure 1 shows a block diagram of a system for interaction with a community of individuals to encourage and monitor compliance with a treatment regimen, using a protocol or other intelligent message which acts in place of a service provider to collect and impart information relevant to the treatment regimen.

Figure 2 shows a process flow diagram of a method for operating a system for interaction with a community of individuals to encourage and monitor compliance with a treatment regimen, using a protocol or other intelligent message which acts in place of a service provider to collect and impart information relevant to the treatment regimen.

Figure 3 shows a first preferred embodiment of a portable device used by the system to encourage and monitor compliance with a treatment regimen, and to collect and impart information relevant to the treatment regimen.

Detailed Description of the Preferred Embodiment

In the following description, a preferred embodiment of the invention is described with regard to preferred process steps and data structures. Embodiments of the invention can be implemented using general purpose processors or special purpose processors operating under program control, or other circuits, adapted to particular process steps and data structures described herein. Implementation of the process steps and data structures described herein would not require undue experimentation or further invention.

System Elements

Figure 1 shows a block diagram of a system 100 to encourage and monitor compliance with a treatment regimen using a protocol or other intelligent message which acts in place of a service provider to collect and impart information relevant to the treatment regimen, including a patient device 110, a pharmacist device 140, a medical professional device 150, and a server device 160, said devices being coupled using a communication network 130, and a portable device 112 which can be coupled to the patient device 110 to receive information regarding the treatment regimen and send feedback from the patient 111 responsive thereto.

For further information regarding a data structure and simplified patient interaction interface, and preferred embodiments of the patient device 110, pharmacist de-

1 vice 140, medical professional device 150, and the server device 160 including database
2 161 of treatment regimen information, see related Application Serial No. _____, Ex-
3 press Mail Mailing No. EE143637591US, filed November 30, 1998, in the name of Ste-
4 phen J. Brown, titled "Leveraging Interaction with A Community of Individuals," as-
5 signed to the same assignee, attorney docket number HHN-007, and other related appli-
6 cations incorporated by reference therein.

7
8 For further information regarding the protocol or other intelligent message
9 used by the system, see related Application Serial No. _____, Express Mail Mailing
10 No. EE143637565US, filed December 1, 1998, in the name of Stephen J. Brown, titled
11 "Remote User Data Collection Protocols Including Data Structures and User Interface,"
12 assigned to the same assignee, attorney docket number HHN-002, and other related appli-
13 cations incorporated by reference therein.

14
15 For further information regarding a medicine dispenser which can be used
16 by the system, see related Application Serial No. _____, Express Mail Mailing No.
17 EE143637557US, filed December 1, 1998, in the name of Stephen J. Brown, et al., titled
18 "Using A Computer Communication System With Feedback to Dispense Medicine," as-
19 signed to the same assignee, attorney docket number HHN-005, and other related appli-
20 cations incorporated by reference therein.

1 *Portable Device*

2 Figure 3 shows a first preferred embodiment of a portable device 112 used
3 by the system 100.

4
5 In a first preferred embodiment, the portable device 112 includes a coupling
6 element 113 for coupling the portable device 112 to the patient device 110, a memory
7 element 114, a processor chip 115 including a clock circuit 116, a presentation element
8 117, and a patient feedback input element 118.

9
10 A service provider determines a treatment regimen for selected patients 111
11 and a protocol to be followed by their portable devices 112 to assist the patients 111 in
12 following the treatment regimen. The service provider sends the treatment regimen and
13 protocol to the server device 160 where it is recorded in the database 161. The server de-
14 vice 160 sends the treatment regimen and protocol information to the patient device 110,
15 and optionally to the pharmacist device 140 and the medical professional device 150.

16
17 The portable device 112 is coupled to the patient device 110 using the cou-
18 pling element 113. The coupling element 113 may couple using a docking station, an in-
19 frared connection, a radio-frequency connection, a plug-in connection, other suitable
20 means or any variant thereof.

1 While coupled, the treatment regimen and protocol information received by
2 the patient device 110 is sent to the portable device 112 and recorded in the memory 114.
3 In a first preferred embodiment, the power source 119 is rechargeable and the charge can
4 be replenished by the patient device 110 while the portable device 112 is coupled to it. In
5 alternative embodiments, the power source 119 is rechargeable and the charge can be re-
6 plenished by some other device, or includes one or more disposable batteries.

7
8 After the treatment regimen and protocol information is recorded in the
9 memory 114, the portable device 112 can be uncoupled from the patient device 110 and
10 taken with the patient 110 to locations relatively or logically remote from the patient de-
11 vice 110. Whether the portable device 112 coupled or uncoupled to the patient device
12 110, when the patient 111 is due to perform an act according to the treatment regimen, the
13 portable device 112 uses the presentation element 117 to provide a reminder message in-
14 structing the patient 111 to perform that act. In a first preferred embodiment, the act to be
15 performed is related to compliance with a medication regimen including, without limita-
16 tion, obtaining medicine, taking medicine, taking medicine with another substance such
17 as food or water, not taking medicine with another substance such as alcohol or incom-
18 patible medications, or obtaining a prescription refill. In alternative embodiments, the act
19 to be performed may be pursuant to a physical therapy regimen including, without limita-
20 tion, exercising, stretching, changing position, or changing work routine; pursuant to a
21 psychological therapy regimen including, without limitation, repeating an affirmation,
22 meditation, self-hypnosis or other mental activity; or pursuant to a self-help regimen or

1 other type of treatment regimen such as weight loss including, without limitation, drink-
2 ing water or eating a snack.

3
4 The patient 111 performs the indicated act and enters a message into the
5 portable device 112 confirming performance of the act using the patient feedback input
6 element 118. Operation of the patient feedback input element 118 causes the processor
7 chip 115 to cancel the reminder message, check the clock 116, and record the time and
8 fact of performance in the memory 114. In a first preferred embodiment, the patient 111
9 also enters additional information relevant to monitoring and evaluating the treatment
10 regimen in response to queries by the presentation element 117 in accordance with the
11 treatment regimen and protocol.

12
13 The number of reminder messages provided to the patient 111, and the
14 number of messages from the patient 111 confirming performance of the indicated acts
15 and/or providing other information relevant to compliance with and effectiveness of the
16 treatment regimen, is limited only by the memory capacity of the portable device 112.

17
18 In a first preferred embodiment, the presentation element 117 is a human-
19 readable visual display using LCD's, LED's, or other suitable devices. In alternative pre-
20 ferred embodiments, the presentation element 117 can be a device which produces hu-
21 man-intelligible sound, or a combination of devices which produce human-intelligible
22 visual and audible signals.

At some later time, the portable device 112 is re-coupled to the patient device 110 using the coupling element 113, causing the contents of the memory 114 to be downloaded into the patient device 110 and sent to the server device 160 for recording in the database 161. Such a time may be as is convenient to the patient 111, or according to a selected maximum time interval dictated by the treatment regimen and protocol, or as is required to replenish the power source 119 of the portable device 112, or in accordance with other requirements of the system 100.

At the server device 160, the protocol or other intelligent message reviews and compares the information provided by the patient 111 to the requirements of the treatment regimen in order to evaluate the effectiveness of the treatment regimen towards achieving treatment objectives and as to compliance of the patient 111 with the treatment regimen. The protocol may then leave the treatment regimen unchanged or modify it as needed to increase effectiveness and/or compliance; in either case, the server device 160 sends a message to the patient device 110 as to the regimen to be followed from that time forward. In a preferred embodiment, the server device 160 also sends that message to the pharmacist device 140 and the medical professional device 150. For additional information regarding the protocol used by the system 100 and interaction of the protocol with other elements of the system 100, see discussion above at *System Elements* regarding related applications.

1 In a first preferred embodiment, information regarding the entire course of
2 the treatment regimen, such as each updated regimen and its effectiveness and relative
3 compliance by the patient can be stored by each of those devices and displayed on de-
4 mand. In alternative embodiments, only the server records the entire course, or only se-
5 lected devices, or some combination thereof.

6
7 In a preferred embodiment, when a treatment regimen requires a patient 111
8 to take one or more medications, the portable device 112 can be coupled to a medication
9 dispenser containing medication specified by the treatment regimen. In an alternative
10 embodiment, the portable device 112 also controls the medication dispenser so as to re-
11 lease only the correct dosage of the correct medication at the correct time responsive to
12 the treatment regimen. In a further alternative preferred embodiment, the dispenser
13 automatically provides feedback to the portable device 112 when the correct medication
14 is removed, canceling the reminder message and storing the feedback for subsequent
15 downloading to the patient device 110 on the next occasion that the portable device 112 is
16 coupled to the patient device 110.

17
18 The patient device 110 can be any device for electronic communication in-
19 cluding, but not limited to, an application specific device, a hard-wired telephone, a cel-
20 lular telephone, a pager, a personal desktop computer, a personal notebook computer, a
21 hand-held computing device, an internet appliance, an internet-enabled television such as
22 WebTV, personal digital assistant such as the Palm III, or any variant thereof.

1 The portable device 112 can be any portable device for electronic commu-
2 nication which is capable of being coupled to the patient device 110 including, without
3 limitation, an application specific device, a cellular telephone, a pager, a personal note-
4 book computer, a hand-held computing device, an internet appliance, a personal digital
5 assistant such as the Palm III, a watch, or any variant thereof.

6
7 The feedback input element 118 can be any means of providing input to an
8 electronic communication device including, but not limited to, a button, a telephone key,
9 a computer keyboard key, a voice-response activator, or any variant or combination
10 thereof.

11
12 *Method of Operation*

13
14 Figure 2 shows a process flow diagram of a method for operating a system
15 for leveraging expert interaction with a community of individuals to encourage compli-
16 ance with a treatment regimen and for collecting and imparting information relevant to
17 that treatment regimen.

18
19 A method 200 is performed by the system 100, as follows:

20
21 At a flow point 201, the system 100 is ready to proceed.

At a step 202, a service provider enters information concerning a treatment regimen and protocol to be followed by the patient 111.

At a step 203, the treatment regimen and protocol information is sent to the server device 160 using the communications network 130.

At a step 204, the server device 160 records the treatment regimen and protocol information received from the service provider in the database 161.

At a step 205 in a preferred embodiment, the server device 160 sends the treatment regimen and protocol information to the patient device 110, the pharmacist device 140 and the medical professional device 150 using the communication network 130. In alternative embodiments, the server device 160 may send the treatment regimen and protocol information only to the patient device 110.

At a step 206, the portable device 112 is coupled to the patient device 110 and the treatment regimen and protocol information is copied into the memory 114 of the portable device 112.

At a step 207, the portable device 112 is uncoupled from the patient device 110 and is taken with the patient 111 to a location relatively remote from the patient device 110.

1 At a step 208, responsive to the treatment regimen and protocol information
2 stored in the memory 114 in conjunction with input from the clock 116, the patient device
3 110 uses the presentation element 117 to provide a reminder message to the patient 111
4 that an act is required to be performed by the patient 111 and instructs the patient 111 re-
5 garding the act to be performed.

6
7 At a step 209, the patient 111 performs the indicated act as directed.

8
9 At a step 210, the patient 111 operates the feedback input element 118 on
10 the portable device 112, canceling the reminder message.

11
12 At a step 211, the portable device 112 uses the presentation element 117 to
13 query the patient 111 to provide information responsive to the protocol for evaluating the
14 effectiveness of the treatment regimen.

15
16 At a step 212, the patient 111 operates the feedback input element 117 to
17 provide information responsive to the queries, and that information is recorded in the
18 memory 114.

19
20 At a step 213, the portable device 112 is re-coupled to the patient device
21 110.

1 At a step 214, the information stored in the memory 114 is sent to the pa-
2 tient device 110, which in turn sends that information to the server device 160 using the
3 communication network 130.

4
5 At a step 215, the information received by the server device 160 is recorded
6 in the database 161.

7
8 At a step 216, in a preferred embodiment the server device 160 sends the
9 information received from the patient device 110 to the pharmacist device 140 and to the
10 medical professional device 150 using the communication network 130. In an alternative
11 embodiment, the server device 160 does not send the information received from the pa-
12 tient device 110 to the pharmacist device 140 or to the medical professional device 150,
13 whether using the communication network 130 or otherwise.

14
15 At a step 217, the information received by the server device 160 from the
16 patient device 110 is evaluated by the protocol.

17
18 At a step 218, the protocol updates the treatment regimen and either leaves
19 it unchanged or modifies it in accordance with the protocol logic.

20
21 At a step 219 in a preferred embodiment, the server device 160 sends the
22 updated treatment regimen information to the patient device 110, to the pharmacist device

140 and to the medical professional device 150, using the communication network 130.

In an alternative embodiment, the server device 160 does not sent the updated treatment regimen information to the pharmacist device 140 or the medical professional device 150.

At a step 220 in a preferred embodiment, the pharmacist 141 and/or the medical professional 151 review and compare the original treatment regimen, the compliance and other information input by the patient 111, and the updated treatment regimen, and either leave the updated treatment regimen and protocol information unchanged or modify it as necessary. In an alternative embodiment, step 220 does not take place.

At a step 221 in a preferred embodiment, the treatment regimen and protocol information as unchanged or as modified by the pharmacist 141 and/or the medical professional 151 is sent to the server device 160 using the communication network 130. In an alternative embodiment, step 221 does not take place.

At a step 222, the server device 160 records the treatment regimen and protocol information as unchanged or as modified by the pharmacist 141 and/or the medical professional 151 in the database 161. In an alternative embodiment, step 222 does not take place.

At a step 223 in a preferred embodiment, the server device 160 sends the treatment regimen and protocol information as unchanged or as modified by the pharma-

1 cist 141 and/or the medical professional 151 to the patient device 110 using the commu-
2 nication network 130. In an alternative embodiment, step 223 does not take place.

3
4 At a step 224, the patient device 110 sends the updated treatment regimen
5 information to the portable device 112 and it is recorded in the memory 114.

6
7 At a step 225, the patient device 110 replenishes the charge of the power
8 source 119.

9
10 At a step 226, the patient 111 uncouples the portable device 112 from the
11 patient device 110.

12
13 At a step 227, the pharmacist 141 provides a refill or new medicine to the
14 patient 111 responsive to the treatment regimen and protocol information. In an alterna-
15 tive embodiment, step 227 does not take place.

16
17 *Alternative Embodiments*

18
19 Although preferred embodiments are disclosed herein, many variations are
20 possible which remain within the concept, scope, and spirit of the invention, and these
21 variations would become clear to those skilled in the art after perusal of this application.

Claims

1
2
3 1. A method of encouraging patient compliance with a treatment regi-
4 men, said method including steps for

5 providing first information about said treatment regimen to a server device
6 in a client-server system;

7 sending said first information to a portable proxy device for a client device
8 in said client-server system;

9 receiving second information from said patient at said portable proxy device
10 regarding compliance with said treatment regimen;

11 sending said second information from said portable proxy device to said
12 server device; and

13 comparing said first information with said second information.
14

15 2. A method as in claim 1, including steps for altering a sequence of
16 processing steps at said portable proxy device in response to said server device.
17

18 3. A method as in claim 1, including steps for altering a sequence of
19 processing steps at said portable proxy device in response to a result of said steps for
20 comparing.
21

1 4. A method as in claim 1, including steps for controlling a medicine
2 dispenser coupled to said portable proxy device in response to said second information.

3
4 5. A method as in claim 1, including steps for presenting a reminder at
5 said portable proxy device regarding following said treatment regimen.

6
7 6. A method as in claim 1, including steps for presenting a reminder
8 from said server device regarding compliance with said treatment regimen.

9
10 7. A method as in claim 1, including steps for presenting a result of said
11 steps for comparing to an operator at said server device.

12
13 8. A method as in claim 1, including steps for receiving third informa-
14 tion at said portable proxy device regarding an effect of an act performed responsive to
15 said treatment regimen.

16
17 9. A method as in claim 8, where said third information relates to an ef-
18 fect of medicine taken by said patient responsive to said reminder.

19
20 10. A method as in claim 8, including steps for altering said first infor-
21 mation in response to said third information.

Abstract of the Disclosure

The invention provides a method and system for interaction with a community of individuals, relating to compliance with a treatment regimen, including supply and use of pharmaceuticals, using a protocol or other intelligent message that acts in place of a service provider and which is capable of collecting or imparting information to individuals in place thereof. Individuals interact with the protocol or intelligent message to provide assistance in all aspects of treatment regimen compliance, data collection, supply, review and modification. These aspects can include (1) reminders regarding compliance with a selected treatment regimen, such as taking medication at selected times, or refraining from selected combinations of medication and foods or activities; (2) data collection of facts regarding patient compliance and possible drug interaction or side effects of the medication; (3) networked integration with workstations for a pharmacist or a physician to automate approvals, refills, and delivery. A system includes a set of client devices and a server device. A service provider determines a treatment regimen for selected patients, determines a protocol to be followed by the client devices in assisting with that treatment regimen, and sends that protocol to the server device. The server device can update (responsive to the protocol) selected instructions at the client device, and can receive (responsive to selected instructions) information from the client device regarding its associated patient. The client device, located locally to the individual, couples to a portable device (such as a cellular telephone, pager, "Palm Pilot" or other handheld computer, or watch), capable of being carried away by the patient to locations relatively remote from

1 the client device. The client device can interact with the portable device: (1) to provide
2 the portable device with the capability of reminding the patient regarding the treatment
3 regimen, or (2) to provide the portable device with the capability of further data collection
4 regarding the patient. The client device can interact with the portable device using a
5 docking connection, an infrared connection, a radio-frequency connection, or another
6 suitable connection.

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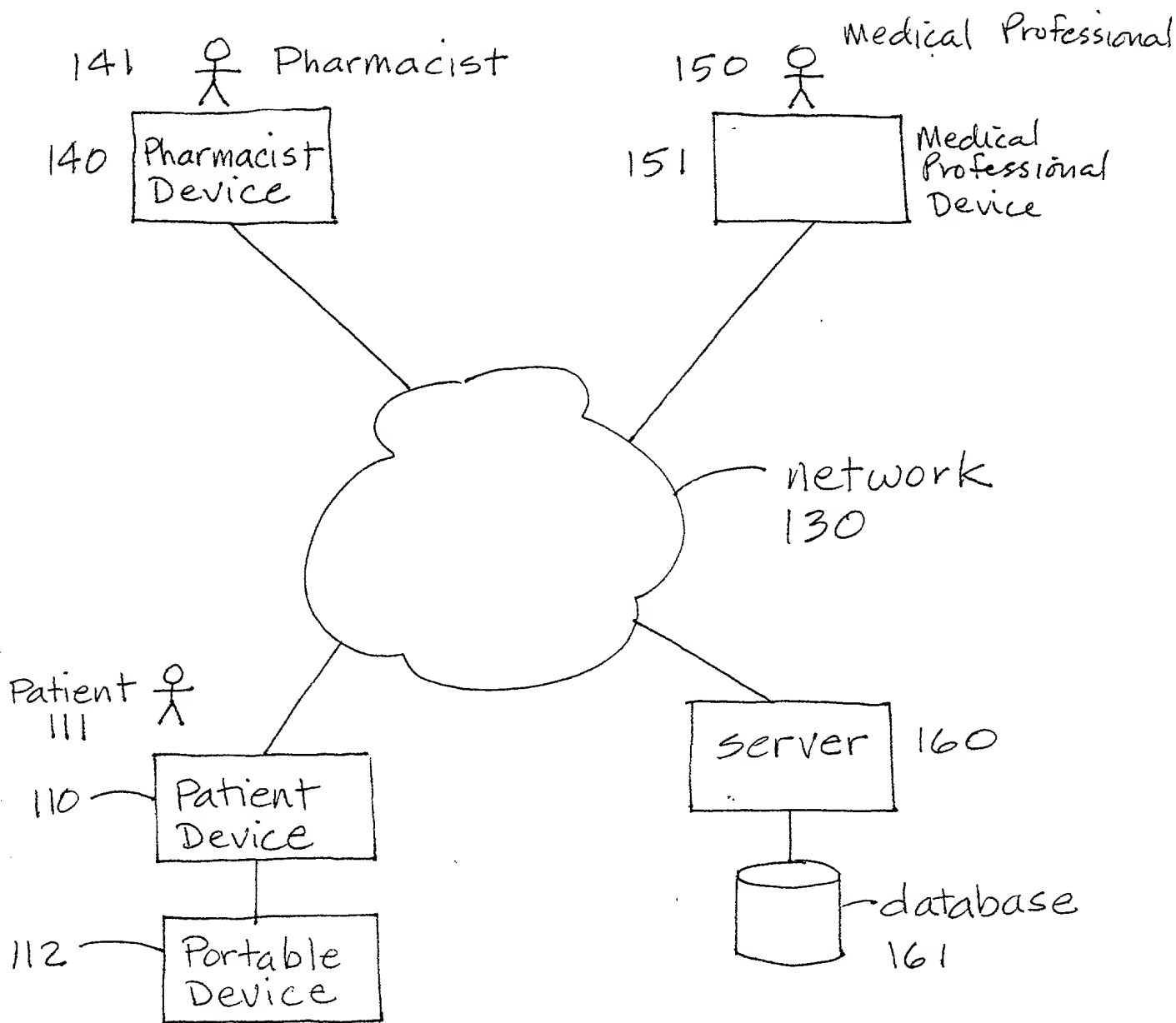
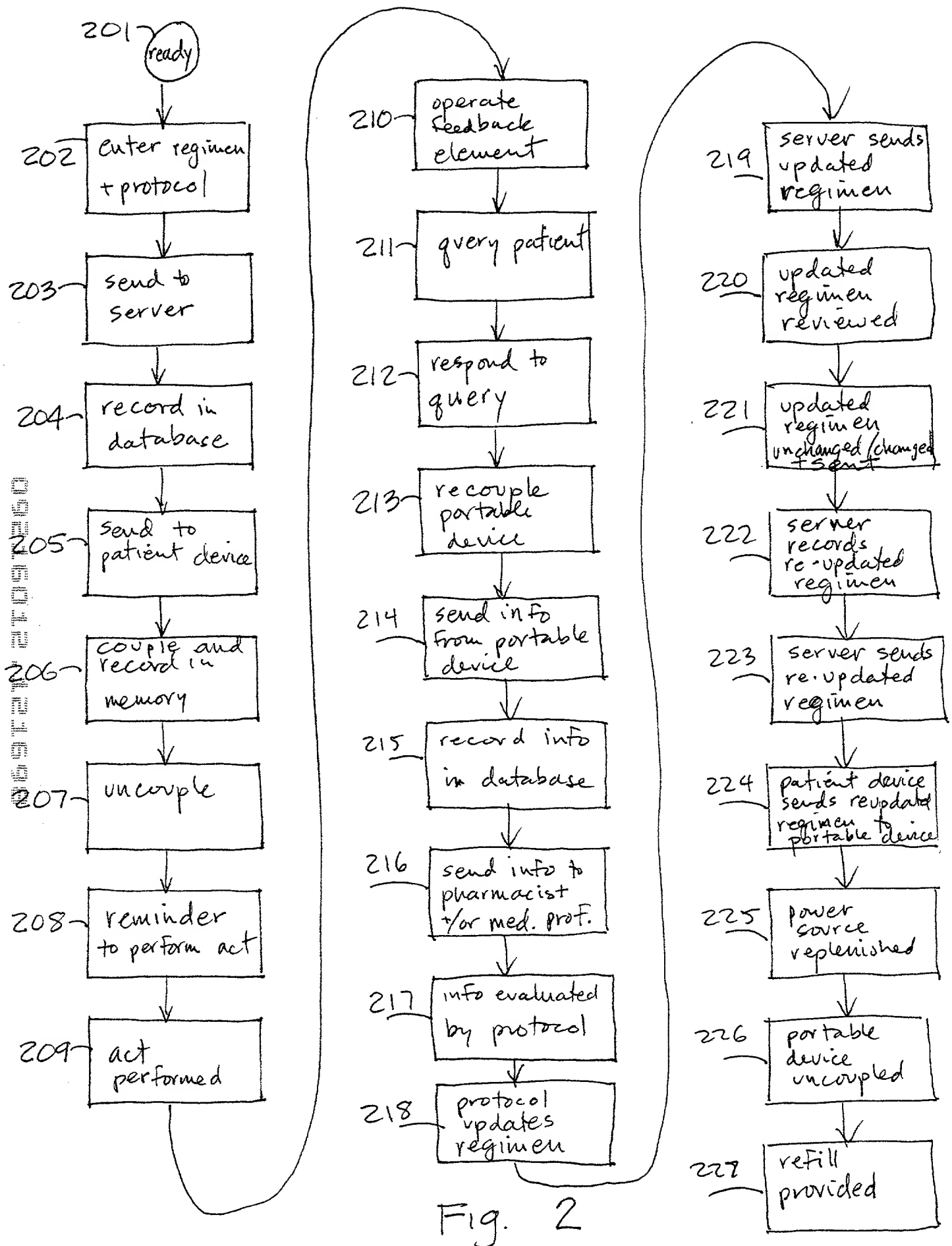


Fig. 1



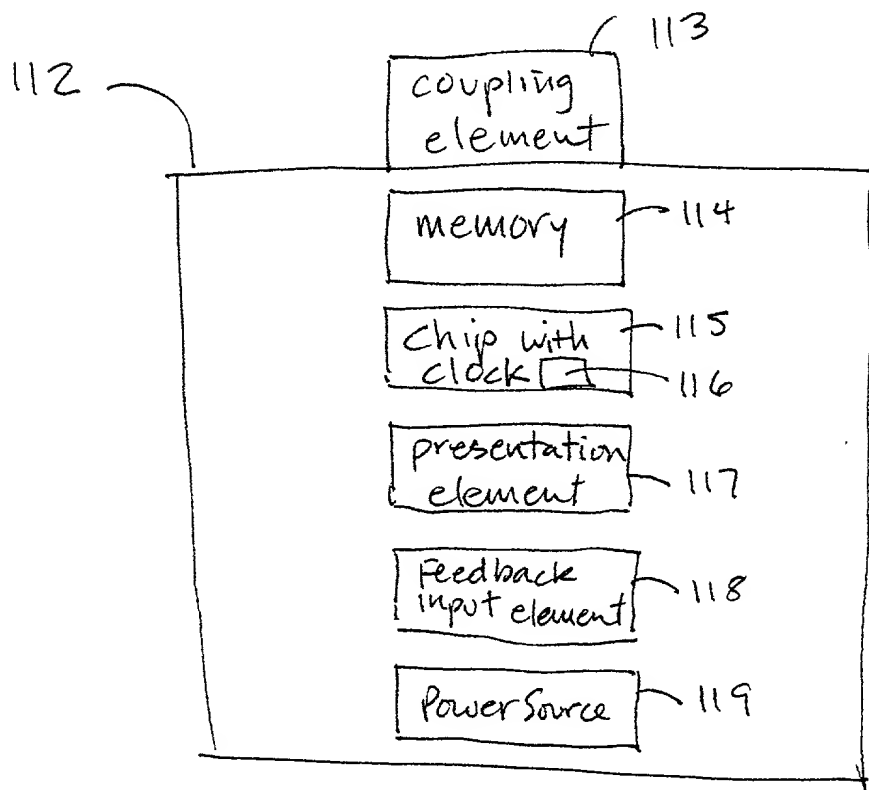


Fig. 3